



## Allan Merchant, Director & Stock Auditor at The Pub Experts Ltd says:

“Just wanted to thank you all for a well organised event.

It was my 1st time doing anything like this, I enjoyed it. Still trying to stand up today, but know it was worth it for the donations.

Thanks again”

## Tom Overbury

“Just wanted to say thank you to you and your team for organising and making the cycle so much fun.

Having done next to no training, I must admit I was a little worried at mile 22, but ended up really enjoying it as a challenge and met some really good people along the way. I'm very close to the £1500 mark on the fundraising too.

Shaun's story really puts life into perspective as well - unbelievable achievement for him.

Let me know when you're next down for a drink or two in London, and do pass on my thanks to John Reader too.

Cheers”

## Peter Bennett at GMA Warehousing and Transport

“You said it Milts

I've come into work today and it seems everyone saw it on the tv

Fantastic job all round #itfc”

## Richard Gascoine

“Milts,

A quick thank you for organising such an incredible event, it was faultless! I'll give you a call tomorrow to catch up.

Feel great today I so pleased that I made the effort, I think it should become an annual event! “





## **Lynn Warner, Community Events Manager at East of England Co-op**

**“Well done on organising such a terrific event. You and your team should be really proud of yourselves.**

**We were delighted to be a part of it – although I’m pleased I wasn’t on a bike!**

**See you soon. All the best”**

## **Dan Humphries at Coastal Global Logistics Ltd**

**“Hi Simon and all the ITFC team.**

**Thank you for organising such a wonderful event.**

**I thoroughly enjoyed the two days, met so many good people and enjoyed some great riding. I am certainly looking forward to taking part in next year’s event and simply wanted to pass on my gratitude for all the hard work and energy you put into organising such an awesome event. You should all be very proud of your efforts, ITFC are fortunate to have you all in their team!**

**Thanks & Kind regards”**

## **Nicholas Styles**

**“Team ITFC.**

**You were all amazing and it was a pleasure to be able to play a small part of the massive achievement we all contributed to. I loved every minute and made some real friends along the way. I will undoubtedly be making the pilgrimage down from Scotland and can't wait for next years event. It was an enormous privilege to cycle with you guys and so humbling to witness Shaun complete the gruelling 2 days. Thanks to everyone involved. I take my hat off to you all. What an amazing team.**

**Cheers Nick. S**

**Titus you owe me an innertube.”**





## Sallyanne & Chantelle from Potters Resort in Hopton

“Dear Oana & Simon,

Thanks for your email and we just wanted to say Well Done to you both for organising such a “special” event, it was a privilege to be part of this in a tiny way. We both thoroughly enjoyed making the arrangements and especially Sunday afternoon. We have great admiration for all the cyclists and the time invested in raising funds for these worthwhile charities.

Good luck with your future events,

With Kind Regards,

Sallyanne & Chantelle”

## Lindsay Barker

“And a huge thanks to you and the team for organising the whole event. I wasn't sure what I was signing up for all those months ago but I absolutely loved it - the people, the challenge, the laughs. It was fantastic to be involved - thank you and looking forward to 2018!!

Thanks”

## Andy Sallnow, Head of Sports Events at Prostate Cancer UK

“What an event, Simon. You've surpassed all previous efforts with this one! You gave riders some amazing personal highlights of what they accomplished, and the fact you were able to deliver it all with your team was a monumental effort. Kudos to you and the slick team you recruited.

Great effort, and thank you for choosing to include Prostate Cancer UK so prominently in all of this. I know you didn't have to, and it means a huge amount that you have.

In the meantime, enjoy a well earned rest, buddy!”





## Corinne Beaumont

“Thank you for taking the time and trouble to drop me a line - I was really glad to get this as I have been worrying that I was a bit of a hindrance over the two days! Those guys, specially Ian and Adam, who stuck with me throughout the cycling were incredibly caring and kind and there was no way they were going to let me give up.

Punctures apart, it was altogether a fantastic 2 days, brilliant friendly cyclists, superb route (John Reeder), and an awesome amazing group of people who put it all together and made it all work perfectly - absolutely faultless. Also Potters and staff were 110%.

A big thanks also to Oana who was always available on the phone, friendly and helpful in the run up to the event, and of course during the event.

What more can I say ..... I was so glad to be part of the 2 days and hope that the fundraising beats all expectations.

Oh yes, a mention of Marcus who got the brunt of my embarrassing blabbing after two punctures, and was continually supportive. I am very grateful to him.

Very best wishes”

## Oliver Briggins Shaw, Managing Director at Amarith

“Just a quick note to say thanks for a great couple of days.

The organisation was first class & having organised a number of events myself, I know how hard it is to make everything look so seamless & easy.

Please pass on my thanks to all involved & enjoy your well deserved break.

See you soon.

Regards”





## Vernon Blackmore, The Table, Woodbridge

“Simon Simon Simon ...

Another great event, another great success. No surprise that my sister and friends found the challenge, well, challenging □but needless to say got so much out of it in ways they hadn't experienced before. Personally each year is so different it's unfair to compare but all are exceptional in their own way.

So thanks for your massive thanks to all, but can I add myself to all the many thanks you receive and say massive thanks Simon for all you do, with enthusiasm, class and humour. You too, inspire many.

All the best mate, speedy recovery and see you soon”

## Michael and Clare Shepherd

“Hi Simon and the ITFC Team

Clare and I would like to say a big thank you for letting us take part in the bike ride. We laughed allot and made some amazing new friends. We have taken part in many bike rides over the years, cycling thousands of miles all over the UK and we can honestly say that this was the best organised by a long way.

Many thanks and best regards”

## Mike Riley, Director at Project Techniques

“Simon / Oana (all of the team)

Thanks you so much for the superb organisation and for the work you have all put in. It was truly a memorable event and I wholeheartedly agree with the sentiment in your mail.

We have all made great friends through your efforts so thank you again.

Have a great summer and a speedy recovery and Lynne and I will see you at Ady and Karen's wedding. (Sorry I couldn't make the Amsterdam Trip this year)

Regards”

